

A Quick Introduction to the...

911W *WELLNESS*
foundation

Fostering Optimal Wellbeing & Peak Performance of 911 Professionals

*The 911 Wellness Foundation (911WF) is a Non-Profit Organization

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We are a Non-Profit, Board-Governed Organization

BOARD OF TRUSTEES

Officers

- Jim Marshall, MA, Chair/CEO
- Dee Ann Summerset, ENP, Vice Chair
- Jennifer Vanderstelt, ENP, MBA, Secretary
- Michael Armitage, MBA, Treasurer

Trustees

- Natalie Duran
- Rick Galway, ENP
- Sara Gilman, MFT
- Jim Lanier, ENP, MPA
- Jan Myers, BA
- Lora Reed, PhD, Director of Research
- Ty Wooten, ENP, NENA Representative

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We invite you to join us in pursuit of...



...Our Mission

Partnering with 911 stakeholders

in strategic long-term planning and support to assure 911 wellness in the Next Generation PSAP.

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We can fulfill this Mission together as we pursue...

...Our Goal:

***To foster workplace conditions
and personal readiness*** for all 911
Professionals producing optimal...

- 911 Mental and Physical Health
- 911 Comprehensive Resilience
- 911 Work Performance
- 911 Professional Quality of Life



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And by accomplishing this goal, we will realize...

...Crucial Benefits

***Assuring the future viability of PSAP
Operations, including Optimal...***

- 911** Risk Management
- 911** Retention of Qualified Pros
- 911** Morale & Adaptation to Change
- 911** Cost Effectiveness



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The work of 911WF flows through...



4 Streams of Activity:

- ➔ **RESEARCH**
- ➔ **EDUCATION**
- ➔ **POLICY**
- ➔ **INTERVENTION**

Here's a quick description of each Stream...

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Four Streams of Activity...

1. RESEARCH

...to identify health challenges facing 911 Professionals and solutions to boost resilience and optimal PSAP performance

911WF Research Initiatives include...

- WF** Creating a strategic agenda for future research on 911 wellness
- WF** Conducting Virtual Conference on 911 Research
- WF** Seeking Funding for, and PSAP participation in 911 research
- WF** Advancing Evidence-based Resilience Training for 911

Our other three streams of activity flow from expertise & this research...

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Four Streams of Activity...

2. EDUCATION...

for all 911 stakeholders to advance policies and interventions vital to 911 wellness and peak performance

Ongoing Initiatives include...

- WF** Contributing articles to 911 publications
- WF** Delivering presentations at annual 911 Conferences
- WF** Administering 911WF website and social media

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Four Streams of Activity...

3. ADVOCACY...

to shape local, state and federal policy, and industry standards for best practice in PSAP operations and health care

Advocacy Initiatives include...

- WF** Fostering development and local implementation of the NENA Standard on Acute, Traumatic and Chronic Stress Management
- WF** Leading in development of a *BluePrint for 911 Wellness and Peak Performance in the Next Generation 911 Center*
- WF** Pursuing formal alliances with leading stakeholders organizations including the IAED, NENA (achieved) and APCO International

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Four Streams of Activity...

4. *PRE INTER POST* VENTION

***Fostering Evidence-based Resilience Training, trauma therapy
and Supportive Restoration-Retention Processes***

Ongoing & Special Initiatives include...

- WF** Collaborating with leading **resilience scientists** in a North American initiative to advance Best Practice 911 Resilience Training: *Survive & Thrive in 911™*
- WF** Educating & engaging **providers of evidence-based trauma therapies** about 911 needs: chapter on 911: *“Reaching the Unseen First Responder with EMDR”* (Springer, 2015); presentations at international conferences for trauma therapists
- WF** Creating a ***National Registry of EMDR Therapists for 911 Professionals***
- WF** Fostering **PostVention*** Restorative Group Processes after crises for 911

*Shneidman (1972), which he used to describe "appropriate and helpful acts that come after a dire event"

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Science and Expertise guide all our Initiatives...



CoSME

***Council of Subject
Matter Experts***

- WF** “911 Console SMEs” (frontliners, working supervisors)
- WF** Local, state and national **911 leaders**
- WF** **911 Vendors** of Technology and Operations
- WF** **Health Sciences Experts** (researchers and practitioners)
- WF** **Organizational Leadership & Behavior Experts**

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Invites all 911 Stakeholders to join us!



Contact us...

*...to learn how you can partner with 911WF
to support the well-being of our 911Pros*

Visit: Visit www.911Wellness.com

Email: 911Wellness@Live.com

Call: 231.881.1434